

Adat Shalom's 18th Annual Retreat — Friday, June 9th—Sunday, June 11th, 2006
Capital Camps & Retreat Center, Waynesboro, PA

IMPORTANT RETREAT INFORMATION

Everyone arriving between 2 - 6 pm on Friday should first stop at the Welcome Center to obtain registration materials and room assignments. We invite you to come as early as 2 pm and enjoy the serenity and camp environment and begin the program at 5:30 with a discussion, "When in your life did you take a risk and jump in?"

Those arriving after 6 pm on Friday or anytime Saturday should go to the Dining Hall Lower Level upon arrival.

Parking

All vehicles traveling to the retreat will be parked for the entire weekend. No driving is permitted at the campsite except for unloading belongings and driving to parking assignments. Buses or vans will transport people to and from assigned parking spaces during registration on Friday and check-out on Sunday. Those who need transportation to the campfire on Saturday night will be accommodated by a van and driver supplied by the camp.

Cabins, Lodge Rooms, and Platform Tents

Bring your own pillows and twin-size sheets and blankets. Those staying in lodge rooms with two queen-size beds will be notified.

Meals

We have worked hard on the menus to insure that there will be something for everyone. There will be at least one dairy-free choice at every meal.

Capital Camps is a glatt kosher facility under the supervision of a mashgiach. Please note that no food, drinks, plates, utensils, or cups (including sippy cups) may be brought into the Dining Hall without the advance permission of Capital Camps and Retreat Center staff. The only items that can come into the Dining Hall, including for babies, must be in their original, sealed packaging with appropriate Kashrut supervision (OU, OK, Star K, Kof K). We will provide disposable sippy cups for children 3 and under.

Message Board / Lost & Found / Information Central

A message board will be set up in the lobby of the dining hall. Lost & Found items should be brought to the registration area Dining Hall Lower Level. Sunday checkout will also be in the Dining Hall Lower Level.

Sheila Feldman is the Retreat Coordinator. If you have any emergencies requiring immediate attention and you are unable to find her at the program, she is staying in Lodge Bet, Room 6. For any non-emergency questions related to your accommodations, contact Sheila.

Cell phone service at Capital Camps cannot be relied upon. If you must be reached in an emergency, call Sheila Feldman in her room at the retreat and she will check messages periodically. Please, no work-related calls. The phone number extension is not yet available, but will be sent to you soon.

Parental Responsibility / Outdoor Hazards / Fire Safety

Outside of scheduled children's activity times, parents need to watch all children, especially when walking on the roads, in the woods, and at the campfire. Please keep an eye on your children for their own safety. If you see our children making unsafe choices, please guide them. We appreciate parental support of this policy.

General Etiquette

Please make it a point to leave every area a little cleaner than you found it. Picking up just one piece of trash and throwing it away will improve the environment for yourself and everyone else. At meal times, be sure to bus your table.